



Issue #8: August 2016

## National Peach Month

### Quail Hollow Family Housing Contact Information

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Fax  
325-690-0388

After Hours Maintenance  
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325-690-6698

Website  
[www.dyessfamilyhousing.com](http://www.dyessfamilyhousing.com)

### Office Staff

*Sandy Nichols* - Community Director  
*Paula Buckley* - Community Manager  
*Raquel Gonzalez* - Resident Service Specialist

### Maintenance Staff

*Brian Humecki* - Maintenance Director  
*David Thames* - Maintenance Tech  
*Jim Fetsch* - Maintenance Tech  
*Roger Lusko* - Housekeeper

Celebrate eating healthy this month! Pack in those fruits to keep your energy up for back to school fun! Native to Northwest China, peaches are perfect for picking in August. Peaches are packed with vitamins A, B, C, E, and K. potassium, phosphorus, calcium, magnesium, iron, manganese, and zinc. A medium peach typically will give you 8% of daily value of vitamin C.

To celebrate National Eat a Peach Day, bite into a fresh juicy peach or cook any dessert with peaches. Peach cobbler anyone?? Peaches are used in pies, tarts, pastries, fruit salads, jams..

If you don't feel like cooking, scoop vanilla ice cream and top it with peach slices. Try peach milkshakes or smoothie and definitely enjoy

some fresh peach tea!

You can find peaches every Friday in the leasing office to jumpstart your peach kick!



Have a Peachy Keen August Quail Hollow Residents!!!

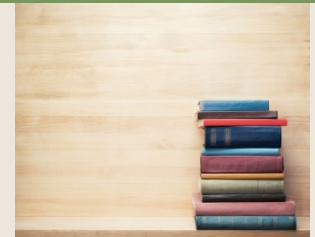
### Hunt Update

Back to School Thoughts...  
It won't be long!

Consider a "Last Blast of Summer" treat. Implement school day routines EARLY – start rolling back that bed time and wake time. Read every day.

Remind kiddos that everyone's nervous on the first day and that a new year means a clean slate.

Ask your child's teachers the best way to contact them. Note? Email? Voicemail? Find out which websites and apps are used in the classroom and which are preferred for homework help.



School will be starting before you know it! Practice the walk or bike ride to school or the bus stop and remember to slow down for distracted kids!

### Maintenance

Grill Cleaning and Maintenance Tips  
There's a lot of grilling weather ahead of us. Here are a few tips:

- Clean flame tamers using a wire brush to remove debris
- Clean burners with a wire brush paying particular attention to port areas – where the gas comes out. Clean delicate ceramic burners by turning on for 10 minutes to burn off debris.
- Brush grates routinely with a dry wire grill brush with the burners turned off. For charcoal grills, sprinkle water on grill brush to steam clean the hot grate.
- Inspect fuel lines on gas grills. Brush soapy water along connections. If bubbles form when gas is turned on, tighten connections or replace lines.
- Clean lids with dishwashing liquid and water. Dry with paper towels.
- Keep kids and pets away from grills. Adult supervision required!
- Store LP tanks upright in a secure area, not in vehicles.
- Ensure lid is OPEN when lighting a gas grill.
- Don't grill near structures, overhangs, fences or trees.



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# AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Let's Walk! 2 p.m. <b>Watermelon Day!!</b>	4 Pest Control	5 <b>Pick a Peach</b>	6
7	8 <b>Bowling Day!!!</b>	9	10 Let's Walk! 2 p.m.	11 Pest Control	12 <b>Pick a Peach</b>	13
14	15	16 <b>Tell a Joke Day!!!</b>	17 Let's Walk! 2 p.m.	18 Pest Control	19 <b>Pick a Peach</b>	20
21	22 <b>National Eat a Peach Day!!!</b>	23	24 Let's Walk! 2 p.m.	25 Pest Control	26 <b>Pick a Peach</b>	27
28	29	30	31 Let's Walk! 2 p.m.			

## Calendar Events

- August 3<sup>rd</sup>- Watermelon Day!** Official summertime classic for a reason. Break from swimming & cool off with healthy, fruity, can't go wrong, juicy watermelon!! Kala Clubhouse 5:00 p.m.-6:30 p.m.
- August 8th- Bowling Day!** Pick up free Bowling passes for the entire family!! Use anytime at Prime Time!!!
- August 16- Tell a Joke Day!** Send us your joke!! Most laughable one gets a PRIZE! Sign on to Quail Hollow's Facebook page (don't forget to LIKE us), e-mail us, or come visit us in the office! We want your JOKES!
- Wednesdays- Let's Walk!** – Staying fit together! Check in at 2 p.m. leasing office.
- Thursdays- Pest Control** Contact the office if you would like to be added to our list.
- Fridays - Come by the Leasing Office for a PEACH!**